

Conflict Resolution  
in the Operating Theatre/Recovery



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Sydney – November 2015

[davesainsbury.com/ACE](http://davesainsbury.com/ACE)

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- No conflict of interest
- Interest in conflict
  
- Council of SASMOA
- AMA (SA)
- Medical Practitioners Tribunal
- Facilitator Human Factors

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Not About: Industrial Matters



Unions

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Not About: Unsafe or Unprofessional Conduct



Safety Learning System report (AIMS)  
AHPRA

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Not About: Bullying or Harassment



Formal reporting  
Performance management

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Conflict resolution is about:

- Safety, Teamwork, Communication
  
- Assertiveness/Advocacy
  - Barriers
  - Skills to manage conflict
  
- Resilience

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Safety, Teamwork, Communication

Assertiveness/Advocacy  
Barriers  
Scripts

Conflict  
Causes  
Methods of resolution  
Scripts

Resilience

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Barriers to Communication / Assertiveness



- Language difference

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Mag ik plassen

Dutch to English: blazen:  
*blow; hum; wheeze; gasp; pant; puff*

Dutch to English: plassen  
*pee; urinate; pass water*

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### Dutch as a second language

I was preoccupied translating the words,  
so I heard what people said  
but I did not always  
understand what they meant.

Ik versta je wel, maar, ik begrijp je niet  
I can translate, but, I do not understand

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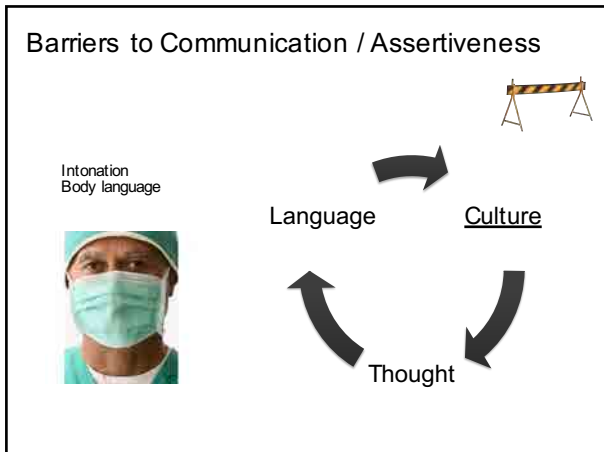
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- ### Language and culture: problems
- We assume that 'yes' means 'I agree'
    - The Asian 'yes' is a habitual response.
    - Like "yeah I am listening", not necessarily "I understand"
  - It may be an acknowledgement that you have asked a question NOT the answer to the question
  - "Yes, (I will do that)" does NOT necessarily mean "Yes, (I know how to do that)"
  - Risk of losing face (yours or theirs)
    - May pretend to understand your meaning.
    - Do not want to suggest that you are not being clear

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- ### Language and culture: Suggestions
- Do not ask closed questions,
    - "Do you understand?"
    - Condescending
    - Another "yes", "no" question.
  - Rather ask open questions,
    - "What do you understand?"
    - "What are you going to do?"
    - "Please let me know if my mask makes me unclear"

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Barriers to Communication / Assertiveness



- Language
- Culture
- Status, Hierarchy
  - Don't want to look stupid
  - Not sure I'm right
  - Not my place, what do I know?

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The duck and the co-pilot

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Safety, Teamwork, Communication

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**Assertiveness/Advocacy**

Individuals speaking up and stating their information with appropriate persistence until there is a clear resolution.



Flin 2008

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Shoshin  
Beginner's Mind



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“Junior team members should be able to question the decisions made by senior team members”

AGREE	
Pilots	97%
ICU Consultants	94%
Consultant anaesthetists	84%
Nurses	70%
RMOs	60-70%
Consultant surgeons	55%

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## 2 Challenge Rule

- 1 • Voice your concern in the form of a question  
The member being challenged must acknowledge
- 2 • Voice your concern again in a different way to ensure that it has been heard & understood
- 3 • If the outcome is still not acceptable
  - Take a stronger course of action
  - Use supervisor or chain of command

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### Curious (Concerned)

*That cystic duct looks big – could you show me the anatomy?*

### Unsure (Uncomfortable)

*I'm not sure that it is the cystic duct*

### Seriously concerned

*I'm really worried that it's not the cystic duct*

### Second Pair of Eyes

*Perhaps we could get another opinion*

### Stop (for Safety's Sake)

*Please stop the dissection*




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**Causes of Personal Conflict**

- Hierarchy
  - Power
  - Control
- Personality Type
- Low resilience
  - Hungry
  - Angry
  - Late
  - Tired




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**Disagreement and Aggression in Theatre**

Source of aggression	n	%
Register nurses/ODP	256	65.6
Consultant surgeon	209	53.4
Consultant anaesthetist	131	33.5
Surgical registrar	124	31.7
Anaesthetic registrar	55	14.1
Line manager	52	13.3

Disagreement and aggression in the operating theatre: Coe, R. 2008  
Richard Coe & Dorth Gould

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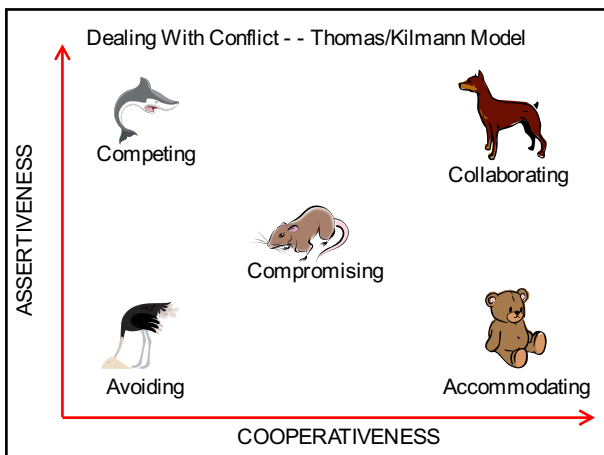
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Dealing With Conflict - - Thomas/Kilmann Model

Everyone has a preferred method of resolving conflict  
Each one has its advantages & disadvantages

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Competing: High assertive, low cooperative

You want to get your way no matter how it affects the other party.

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**Competing**

+ve

When a quick decision is needed.

-ve

Loss of resilience, ("money in the bank")



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**Collaboration: High assertive, High cooperative**



You are concerned with fully satisfying both sides.

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**Collaborating**

+ve

Provides sustainable solutions.

When gaining commitment.

-ve

Time consuming.

80:20



True collaboration is a process, not an event

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Avoidance: Low assertive, Low cooperative



You don't want to deal with conflict so you delay, minimise or ignore issues

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Avoiding

+ve

When one or more parties need time to calmdown or consider a situation  
When issues are of low importance.

-ve

Loss of resilience  
Opportunity cost



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Accommodating: Low assertive, High cooperative



Lets agree to respect each others views  
No matter how wrong you are

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**Accommodating**

+ve

You are learning a new skill.  
The issue is of low importance.

-ve

Your voice is not heard



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**Compromise: Mid assertion, mid cooperation**

You split the difference with the other party.



The Foundation of a Successful Marriage

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**Compromising**

• -+ve

Quick agreement  
The decision is a temporary solution.  
The issue is of moderate importance..

• -ve

No-one gets what they want



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DESC Script

A constructive approach for managing and resolving conflict

- D — Describe the specific situation
- E — Express your concerns about the action
- S — Suggest other alternatives
- C — Consequences should be stated

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DESC Script

- Timely
- Frame problem in terms of your own experience and observation.  
Use "I" statements
- Depersonalise:  
Focus on the patient, safety



Its not about you (or me)

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DESC script in the operating room

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Jugs



Capacity: Individual & Team



Content: HALT

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**H**ungry  
**A**ngry / **A**nxious  
**L**ate / **L**onely  
**T**ired



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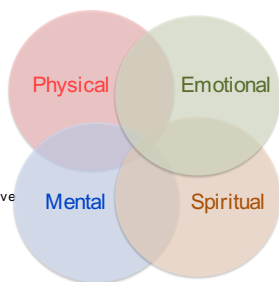
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Dimensions of Resilience




- Fitness and stamina
- Nutrition for energy
- Rest and recovery

- Calming and focussing
- Impulse control
- Emotional regulation
- Positive emotion
- Realistic optimism

- Self belief
- Outlook & perspective
- Thinking traps
- Sustained focus
- Causal analysis
- Control controllable

- Values and beliefs
- Empathy
- Reaching out



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Conflict resolution  
Communication  
Safety



CUS  
DESC  
Look after yourself

A blue rectangular box contains text on the left and a yellow diamond-shaped sign on the right. The sign features three black circular arrows forming a clockwise cycle. Below the sign, the text 'CUS', 'DESC', and 'Look after yourself' is listed vertically.

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